

Matcha Spice Latte

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Makes 1

1/2 teaspoon matcha powder (such as [this one](#))
1/4 teaspoon ground turmeric
1/4 teaspoon ground cinnamon
1/4 teaspoon ground ginger
Pinch black pepper
8 ounces milk (I use unsweetened almond milk)
2 teaspoons honey

DIRECTIONS:

Combine the matcha powder and spices in a mug and add 2 ounces freshly boiled water. Whisk to dissolve.

Heat the milk on the stovetop or microwave. Remove from heat and stir in honey. If you have a [frother](#), froth the milk (if not, skip this step).

Add milk to the spices and water. Sprinkle with cinnamon and enjoy!